Utah State History Faculty, Bob McPherson recently published a trilogy called "Traditional Navajo Teachings: A Trilogy". Perry Robinson, co-author and practicing medicine man, was the inspiration for much of the information found within. A practitioner of long-standing, Perry provides insight that is rarely found in western thought.

For those interested in Navajo beliefs, the orientation is more on how and why Navajos think about this world and their experiences in it rather than a detailed explanation of specific ceremonies. It has been a wonderful learning experience and joy for me to better learn about the Navajo people.